

Enabling News



Independent Living Center

SPRING/SUMMER 2015 VOLUME 70

FEATURE ARTICLE

Access II Annual 5K *COLOR RUN* A Big Success!

Access II would like to thank everyone who participated in our annual 5K Color Run fund raising event!

A big thank you to all of our sponsors:

State Farm Insurance

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Color Run continued...

This year we included premium color with glitter. Any remaining color that wasn't thrown on the runners and walkers during the race was put to use with a color "fight" celebration at the end. With the 46 participants, Access II staff and our volunteers jumping into the fray, one can only imagine the cloud of color that resulted. It was a great time and we hope to see even more participants next year.



For additional information, contact Brandy Gannan at (660) 663-2423 ext.233





Check out what else we've been doing:



<u>Second Grade Learning</u> <u>Day</u>



Access II staff was, once again, honored to

host Second Graders for a few hours of learning about disabilities. The goal is to teach disability awareness and encourage inclusion. This time we hosted students

from Gallatin and Breckenridge. The students learned a little sign language, received a germ busters lesson, heard stories about differences and individuality, participated in wheelchair races (always a favorite), made Mothers Day cards and played a little bocce ball. The rain held off long enough for everyone to enjoy a little lunch on the patio before returning to school.



For more information contact Lisa Bowles 660-663-2423 ext. 221



Eddie Grimes Scholarship

This year's Ed "Eddie" Grimes Scholarship from Access II Independent Living Center goes to Joshua Fish from Bethany, MO. He is awarded \$500 to use towards furthering his education. Joshua plans to pursue a degree in visual communications and computer science at Truman State University. Congratulations and best of luck to you!



The Grimes Scholarship was created by Access II Independent Living Center in memory of Ed "Eddie" Grimes. At age 38, Eddie enrolled and graduated from North Central Missouri College in 1992. He completed his post-secondary education, graduating Salutatorian with a B.A. in Creative Writing from Missouri Western State College, in 1997. Eddie continued on the path of education by helping others. In 1997 Eddie became a teacher for the Adult Education Center in Gallatin, MO and helped local residents fulfill their dreams of attaining their GED, developing computer skills and gaining knowledge to live more independently.

Upcoming Events

Access II's Annual Back to School Bash

Much to the dismay of children (and the relief of parents) the summer break will not last forever. In mid to late August area schools will be opening their doors to children and teachers. For families that means an investment in school supplies. In an effort to provide some relief for parents and to help the kiddos get excited about school, Access II organizes an annual Back to School Bash. Like last year, this summer it will take place at the Gallatin Elementary School gym. As usual, it is open to elementary school students of schools in Daviess County. **Please mark your calendars for August 6th from 4:00pm to 6:00pm.**

For more information contact Lisa Bowles 660-663-2423 ext.221

Celebrate With Us!

July of 2015 is a very important month for Access II and individuals with disabilities in our community:

On July 26, 1990 George H. W. Bush signed the Americans with Disabilities Act (ADA) into law. This solidified the preservation of civil rights for individuals with disabilities and ensured against segregation and institutionalization. We have raised a generation of people who have attended schools with and worked alongside individuals with disabilities and we are learning as a society to treat these individuals with the same respect we would anyone else. There is still work to do. And, like any law, it must be enforced. There is still a need for advocates, the most affective being self-advocates. These are the people we have to thank for the passing of the law and the ones who continue to work toward protecting these rights.

On July 7, 1995 Access II was established with an office in the Daviess County Courthouse and was built on the core principles: Advocacy, Peer Counseling, Independent Living Skills Training and Information & Referral. For nearly two decades Access II has provided services aimed at eliminating barriers and providing supports for individuals with disabilities so they may remain in the community, in their own homes, living productive lives with dignity. Access II encourages selfadvocacy and aims to further preserve the rights of those whose challenges differ from those of the majority.

This July Access II will be sharing with the community, a combined celebration; The ADA's twenty-fifth and Access II's twentieth anniversaries. We will be providing a free cookout lunch for the community on July 24th, 11:00am-1:00pm on the Northeast lawn of the Daviess County Courthouse. Hope to see you there!!!

For more information contact Lisa Bowles 660-663-2423 ext. 221

Here's to your health, better health with Medicare

Medicare's preventive Services and wellness programs can help you feel better, live healthier and save you money. Medicare pays for many services to keep you healthy, including: exams, shots, lab test, screenings, counseling, annual wellness visits and health monitoring programs. Medicare's preventive services not only saves Medicare recipient's money they also can save lives. Medicare recipients should keep in mind that Medicare preventive services and annual wellness visits may be new to your primary care giver, always check first with your doctor before a procedure is performed to avoid any unexpected cost. Medicare recipients also need to keep in mind that some services you typically pay 20% of the Medicare-approved amount of the service, if the doctor or other health care provider accepts assignment. As a certified CLAIM Medicare counselor I can provide information on all Medicare preventive services and wellness programs in detail, and counsel you on your Medicare benefits. All information obtained is confidential and services are free.

Marina Beebe Certified CLAIM Counselor 1-660-663-2423 EXT 229 mbeebe@accessii.org



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STAFF

BOARD President Annie Gibson Vice President James Ross Secretary Leslie Stanley Treasurer David Arnold **MEMBERS** Tim Tadlock

Find us on:



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Calendar of Events

June

- 18 Staff Day ó Center Closed
- 21 Happy Fathers Day!

July

- Independence Day (observed) ó 03 Center Closed Independence Day 04 16 Staff Day ó Center Closed
- ADA Anniversary Celebration 24
- 28 **Board Meeting**

August

- Staff Day ó Center Closed 20 ??
 - BTSB

Office Hours 8 a.m. – 4:30 p.m. **Monday-Friday**

Check out our website at <u>www.accessii.org</u> ~ We will be undergoing changes!